



# سكولہ سينت جورج ST. GEORGE'S SCHOOL

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Our Ref : SGS/SC/P/634  
Date : 9<sup>th</sup> April, 2014  
To : Kindergarten Parents/Guardians

## "ORAL – CARE DAY" ON 12<sup>th</sup> APRIL 2014, SATURDAY

Oral hygiene is important and good hygiene practice should be encouraged as early as childhood to ensure our children enjoy good oral health in the future.

### The objectives of the "Oral - Care Day":

*To know the importance of having good oral health.*

*To cultivate proper ways of brushing teeth.*

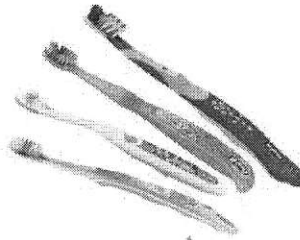
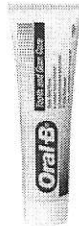
*Choose the right toothbrush and toothpaste according to ages.*

*Eating healthy food to keep the gum and teeth healthy.*

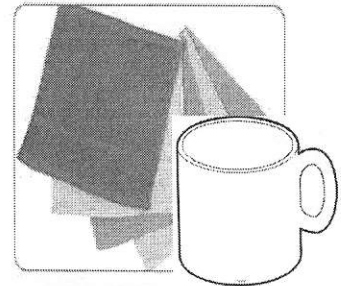
**\*\*Please bring along your child's brushing tools with his/her name labeled\*\***



Samples of toothpaste to bring.  
**Avoid using flavoured toothpaste.**



The right toothbrush for  
your child.



Clean face towel  
and a mug

If you have any query, do not hesitate to approach the class teacher.

Thank you.

Yours sincerely,

  
**JANIDI JINGAN**  
Principal

